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Desperate Executives: A Story of Coaching, Change and Personal Growth (Hardback)

By Dr Paul Mooney

The Liffey Press, Ireland, 2008. Hardback. Book Condition: New. 211 x 145 mm. Language: English . Brand New Book. Four executives sign-up for fitness classes as part of their New Year s resolution to get into shape. Dan, Louise, Robbie and Ed come from different industries, family backgrounds and lifestyles. Under the expert guidance of their coach, Mr Cheung, they begin to develop a physical and mental health routine which profoundly changes their lives. Desperate Executives is based on the four predominant issues which continually emerge in Executive Coaching sessions. Written by one of Ireland s leading Executive Coaches, this book offers an insight into typical dilemmas faced by people who are already successful and plots a way through the maze when difficult life issues need to be confronted. Written as a modern-day fable, Desperate Executives is a landmark book which offers profound insights into a powerful coaching process.



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