



The Skinny Slow Cooker Recipe Book Delicious Recipes Under 300, 400 And 500 Calories Kitchen Collection Volume 1

By CookNation

Bell & Mackenzie Publishing. Paperback. Book Condition: New. Paperback. 110 pages. Dimensions: 7.9in. x 5.0in. x 0.5in.1 Best Selling Amazon AuthorThe Skinny Slow Cooker Recipe Book: Delicious Recipes Under 300, 400 And 500 CaloriesThe original Skinny slow cooker recipe book - this collection of easy to prepare and delicious low-calorie recipes will help you make inexpensive, healthy meals for you and your family with the minimum of fuss. This No. 1 bestselling collection of tasty recipes uses simple and inexpensive fresh ingredients, are packed full of flavour and goodness and proves that Skinny can still mean Delicious! Recipes include: Rustic Chicken Stew (Cacciatore)Zingy Lime ChickenSweet Asian ChickenItalian MeatballsScottish StoviesBudapests Best Beef GoulashEnchilada El SalvadorAromatic Kicking Pork RibsSweet and Sour Pineapple PorkCowboy CasseroleMarrakesh LambGreen Thai Fish CurryTuna and Noodle CattiaPomodoro Pasta SauceSt Patricks Day SoupBreakfasts, Snacks and Many More. . . . This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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