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How to Deal with Jealousy: Overcoming Jealousy and Possessiveness Is Vital for a Healthy Marriage or Relationship. Learn How to Control Your Jealousy Now. (Paperback)

By Taylor Timms

Pylon Press, United States, 2010. Paperback. Book Condition: New. 198 x 122 mm. Language: English . Brand New Book ***** Print on Demand *****.This book is a complete guide on jealousy and how to deal with it. The author put everything he knows about breaking free from jealousy into simple, understandable language so that you can easily learn all there is to know about it. Inside the book, you will learn things like. Introduction to Jealousy: Find out how this simple emotion could be destroying your relationships. Loss-related Jealousy: How to untangle the emotions of loss in order to find a way out. Why People Feel Jealousy: Learn how to find the root of your jealousy with these simple steps. The Power of Trust: Find out how people get lost in life and how you can overcome it. The Effects of Self-esteem: You can simply change your life by changing the way you see yourself. Entitlement: See how feelings of entitlement can hold you back in life. Understanding Reality: Find out how to maintain your excitement and happiness when life doesn't give you what you really want. The Consequences of Jealousy: See what to expect when you harbor feelings...



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Reviews

Basically no terms to clarify. It is actually written in basic terms rather than confusing. I found out this ebook from my dad and I suggested this book to find out.

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