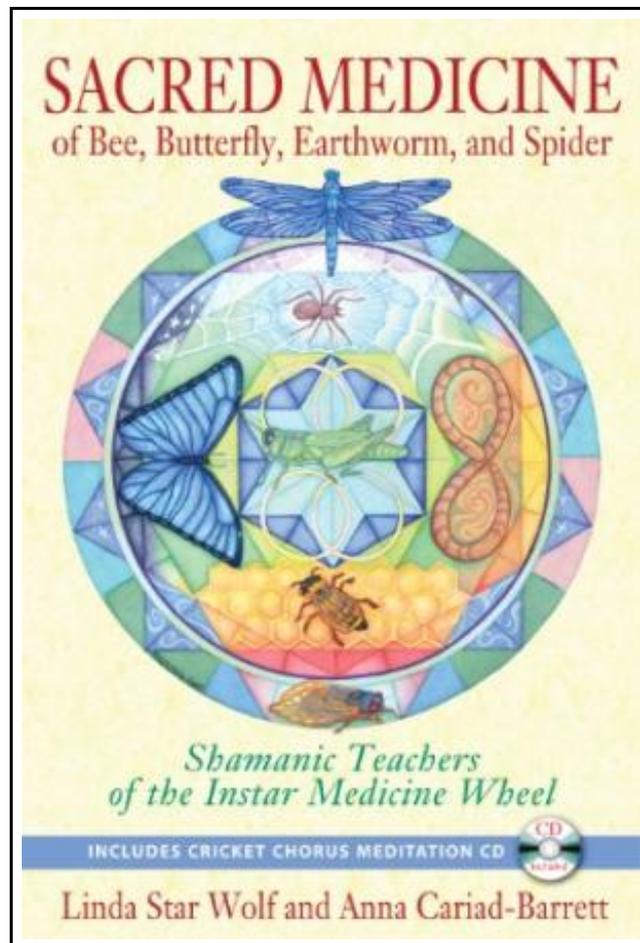


Sacred Medicine of Bee, Butterfly, Earthworm, and Spider: Shamanic Teachers of the Instar Medicine Wheel



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SACRED MEDICINE OF BEE, BUTTERFLY, EARTHWORM, AND SPIDER: SHAMANIC TEACHERS OF THE INSTAR MEDICINE WHEEL



Inner Traditions Bear and Company. Paperback. Book Condition: new. BRAND NEW, Sacred Medicine of Bee, Butterfly, Earthworm, and Spider: Shamanic Teachers of the Instar Medicine Wheel, Linda Star Wolf, Anna Cariad-Barrett, *Reveals the sacred wisdom inherent in Honeybee's pollinating, Butterfly's transformation, Spider's weaving, and Earthworm's recycling*Provides experiential practices, such as Shamanic Breathwork journeys, to connect with insect teachers and harness their consciousness-activating patterns*Shows how Dragonfly, Cicada and Cricket connect us with the Great Star Nations, the depths of Mother Earth and the music of life*Includes a Cricket Chorus meditation CDOur insect brothers and sisters are some of the most ancient beings and teachers on planet Earth. Their powerful skills of adaptation and their plight, such as the widespread colony collapse facing honeybees, have brought them to the forefront of collective consciousness, as every being on Earth faces a time of incredible transformation. The archetypal energies of these sacred Wisdomkeepers can guide us through this evolutionary time with new pathways of shamanic healing and transformation to realise the highest potential of humanity. Exploring the insect and arachnid archetypes of the Sacred Instar Medicine Wheel, authors Linda Star Wolf and Anna Cariad-Barrett reveal the consciousness-activating patterns in the pollen flight of Honeybee, the transformative chrysalis of Butterfly, the creative weavings of Spider and the alchemical recycling of old into new of Earthworm. They show how Dragonfly, Cicada and Cricket connect us with the Great Star Nations, the depths of Mother Earth and the music of life, as demonstrated on the accompanying CD. Each chapter includes experiential practices, such as Shamanic Breathwork journeys, to help you embody the strengths of these humble teachers, live within the natural cycles of planet Earth and discover a higher octave of sacred purpose.

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